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For more information, contact: Amanda Donovan, Director of Marketing and Communications, 509.444.5319

Don't dread your next family get together: Spokane Public Library hosts Families and Politics Workshop in collaboration with Braver Angels

(SPOKANE, WASH.) – Spokane Public Library will host a <u>Families and Politics</u> <u>Workshop</u> at Liberty Park Library on Sunday, November 6 at 2pm in collaboration with Braver Angels.

With the upcoming election on November 8 and holidays and family gatherings approaching, this workshop will provide resources for how to preserve important family bonds while still being true to your values and political beliefs.

"Family members are having bitter political arguments, avoiding each other, or even cutting off lifetime relationships," said Spokane Public Library Current Affairs Specialist Shane Gronholz. "America seems more polarized than ever and by collaborating with Braver Angels, we're able to bring perspective on how to build a house united."

Equally balanced between conservatives and progressives at every level of leadership, Braver Angels is a 501(c)(3) nonprofit organization whose mission is to bring Americans together to bridge the partisan divide and strengthen our democratic republic. Braver Angels seeks to depolarize American politics through workshops, civil discussion, and mutual understanding.

This workshop will offer you:

- Insight into why family differences over politics are uniquely challenging
- Recognition of common roles that family members play in political conversations
- Strategies and skills for handling family political differences in a constructive way

This is a free event open to the public. Registration is encouraged so attendees can obtain access to an e-learning course to view prior to attending the workshop. Register for the event here: <u>Family & Politics (WA-Central/Eastern WA Alliance/Spokane Public Library) Registration, Sun, Nov 6, 2022 at 2:00 PM | Eventbrite</u>

About Spokane Public Library

Spokane Public Library aims to inspire a thriving city through cultural and educational opportunities. An award-winning library that spans seven locations and houses nearly half-a million items, Spokane Public Library circulates nearly two million items and welcomes one million visitors annually. Customers can enjoy traditional library media and can also access digital downloads, databases, historical collections, art exhibits and interesting free programming.



For general information about the library, please visit spokanelibrary.org or call 509.444.5300.