FREE!

SUMMER BOREDOM BUSTER

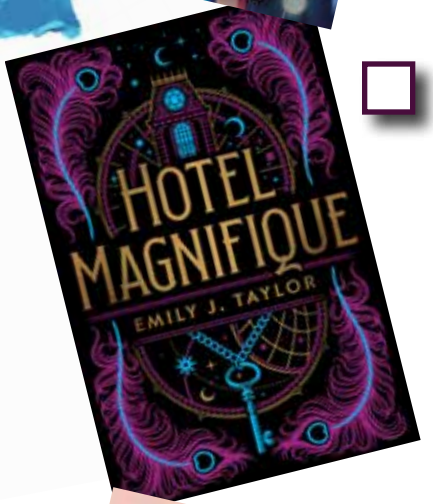
A TEEN ZINE

I ♥ BOOKS

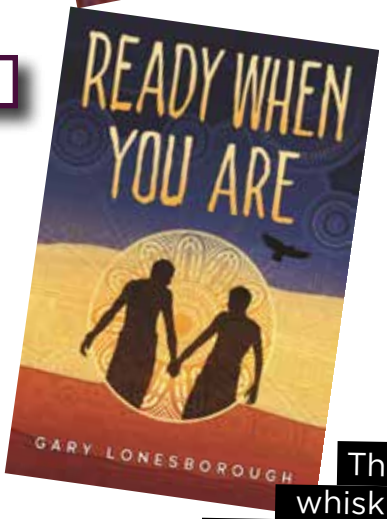
SPOKANE PUBLIC LIBRARY

Mark the books you read over the course of the summer!

Poolside Reads



Check out these newer YA titles for your trips to the pool, the beach, the backyard, etc.



These books may whisk you away on a sunny Spokane afternoon.

Summer Hustles

Looking to earn a little cash or gain some work experience? A side hustle is a great way to spend some of your time off this summer. Here are a few ideas you might try out!

Work! Work! Work!

Washing Cars

Ask a local business if you can use their parking lot. Then grab a few friends, some soap, towels, and sponges. Make a sign and you are in business!

Babysitting

Babysitting for people you know is a great way to make a little extra money. Get extra training by visiting the local YMCA.

House Sitting

People travel during the summer and they might need someone to look after their house by watering plants, staying the night, keeping things tidy, etc.

Dog Walking

Who doesn't love animals!? You could get paid to look after pets of trusted friends, family members, or neighbors. Ask around.

Lawn Mowing

Borrow a lawn mower to help out a neighbor or family member. Keep at it and you could have regular work all summer.

Lifeguard

Apply to be a youth lifeguard or aquatic aid. Check with the city parks department to see how to apply.

River City Youth Ops

River City Youth Ops is hiring teens to learn about planting, tending, harvesting, soil management, farm ecology and food safety, and more. Visit their website to apply: youthops.org/jobs-for-youth.

Food Service

Sometimes there are positions available in the hospitality or food industries. If you find one, you will likely need a food worker's permit. Visit srhd.org to learn more about how to get a permit.

Interested in volunteering at the Library? Ask an Info Guide at the Library or scan the QR code.

Job Hunting Tips

[redacted]	✓
Decide what kind of work you want to do.	
Make a list of places to apply to.	
Get references, a resume, and an application ready.	
Practice your interview skills with a friend.	

Books! Books! Books!

- *You Have the Right to Know Your Rights: What Teens Should Know* by Maurene J. Hinds
- *Money Matters for Teens: Advice on Spending and Saving, Managing Income, and Paying for College* by Virginia Vitzthum

BEST SPOKANE TRAILS

Spokane has so many great trails to hike! Here are some of the highest rated trails to check out. Use the squares to draw a picture of what you saw.

Bowl & Pitcher

Time: 53 min
Distance: 2 mi

Iller Creek

Time: 3 hr 2 min
Distance: 5.4 mi

Waterfall Loop

Time: 32 min
Distance: 1.1 mi

Rocks of Sharon

Time: 4 hr 9 min
Distance: 7.3 mi

Centennial Trail

Time: 1 hr 42 min
Distance: 3.7 mi

Dishman Hills

Time: 2 hr 3 min
Distance: 4 mi

Books! Books! Books!

- *Day Hike! Spokane, Coeur d'Alene, and Sandpoint* by Seabury Blair
- *Best Hikes Spokane: The Greatest Views, Lakes, and Rivers* by Fred Barstad
- *Best Easy Day Hikes: Spokane/ Coeur d'Alene* by Fred Barstad
- *Five-Star Trails, Spokane: 30 Spectacular Hikes in the Inland Northwest*

Did You Know?

We have a Discover Pass you can check out for your next adventure at a state park.

HEALTHY! DIY! SNACKS!

Hitting the trails? Make a healthy and tasty trail mix to take with you. Try one of these simple recipes:

Tropical Twist

- Chocolate Chips
- Dried Cranberries
- Dried Oranges
- Pecans
- Shredded Coconut

Sweet & Salty

- Chocolate Chips
- M&Ms
- Peanuts
- Raisins

Protein Mix

- Chocolate Chips
- Almonds
- Dried Cherries
- Pecans
- Pumpkin Seeds
- Walnuts

Popcorn Mix

- Almonds
- Cashews
- Dried Cranberries
- Popcorn
- Pumpkin Seeds

Books! Books! Books!

- *The school year survival cookbook : healthy recipes and sanity-saving strategies for every family and every meal (even snacks)* by Laura Keogh, Ceri Marsh
- *Little Bites: 100 Healthy, Kid-Friendly Snacks* by Christine Chitnis
- *Healthy Eats: 101+ Delicious Recipes and Tips for a Healthy Family*

YOU ARE NOT ALONE | MENTAL HEALTH

Struggles with mental health can resemble normal changes that occur during your teen years. What are some things to watch for when someone you know is struggling with mental health?

1. Watch for big shifts in everyday patterns: over or under-eating, sleeping more or less, or, rather than switching friend groups, withdrawing from friends completely.
2. Changes in appearance or behavior: hygiene changes, weight loss/gain, headaches and stomachaches, depressed mood, extreme anger or aggression, hopelessness, and low self-esteem. Thoughts that may be occurring are frequent self-criticism, or even thoughts of death or suicide.

It's hard enough to be a teenager. It is even more challenging with the added stress caused by the COVID-19 pandemic. Regardless of if you're experiencing typical adolescence or mental health concerns, we want you to know that it is okay to not to be okay sometimes, and there are resources available to help you.

The below resources provide information on how to help yourself, and/or help support your friends and family.

National and Local Resources:
National Suicide Prevention Lifeline | 1-800-273-8255
Spokane County Crisis Line | 1-877-266-1818
Crisis Text Line | Text HOME to 741741

Credit: New ESD 101

HOW TO SUPPORT THE WELLBEING OF YOURSELF & OTHERS

	For Yourself	For Others
Activities	Do things that bring you joy.	Encourage friends & family to do things that bring them joy.
Reach Out for Help	It can be scary, but it is a first step to change!	Let your friends & family know you are there for support.
Having the Talk	Let your trusted people know how you're feeling or what changed.	Actively listen to friends & family, & help them find support.
Get Help	Find local and national resources (on page 8)	Offer resources to friends & family, & make the phone call.
Check-In	Check-in with yourself & your wellbeing.	Check-in with your friends & family.

BATTLE OF

It's like March Madness for books!
and vote for the book tha

Firekeeper's Daughter
Angeline Boulley

You Should See Me in a Crown
Leah Johnson

Like a Love Story
Abdi Nazemian

Darius the Great is Not Okay
Adib Khorram

To All the Boys I've Loved Before
Jenny Han

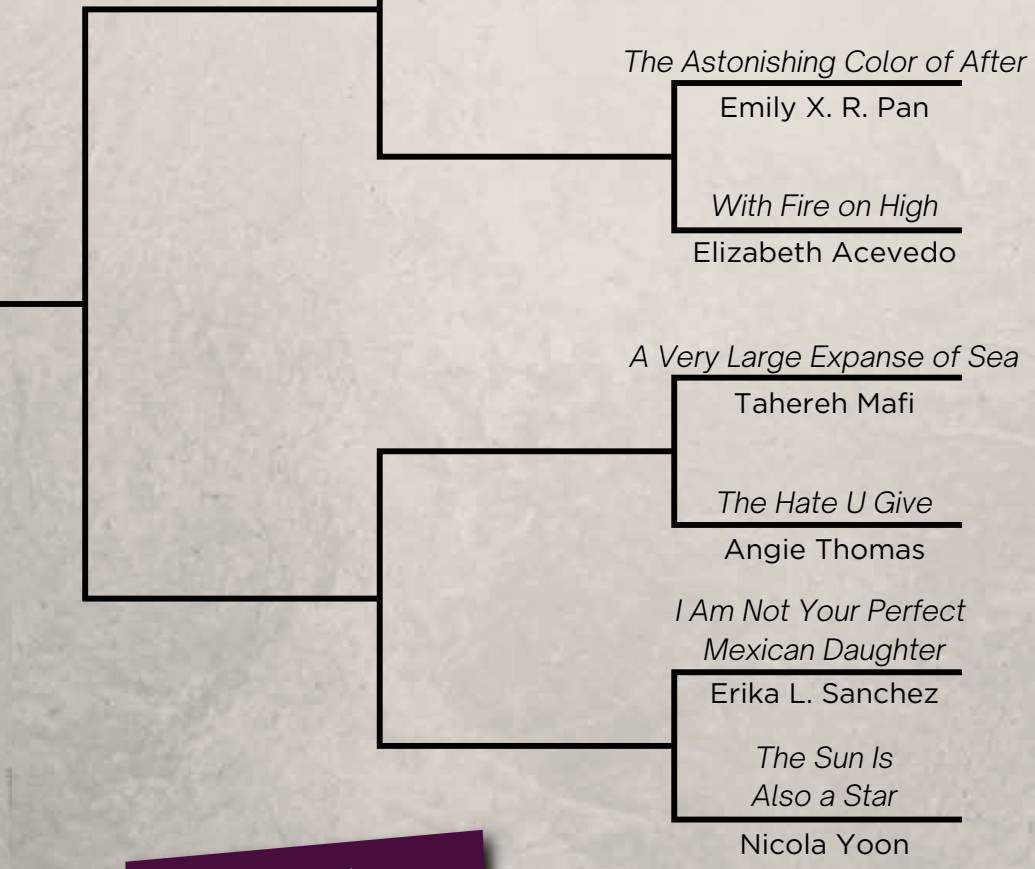
Dumplin'
Julie Murphy

Scythe
Neal Schusterman

Cemetary Boys
Aiden Thomas

THE BOOKS

Read the competing book titles
t you think should win.



Tell us which books you chose! Use the QR code to share your top picks.

Just because the book *Baby Speaks Salish* was originally made for parents, doesn't mean you can't use it, too! Languages connect us with culture and help us see the world through the eyes of our ancestors.

Salish Words & Phrases

Summer
sca?áqʷ
<s·chuh·awk>

Salmon
ntytyix
<in·tee·tee>

sun
xiyátnxʷ
<he·ath·no>
same word for moon.

No
Lut
<loot>

Yes
Ki or **Kiwa** or **Kiẃ**
<key> <key-wah> <queu>

huckleberry
stxatq
<stuh·heck>

Coffee
ikapí
<ill·copy>

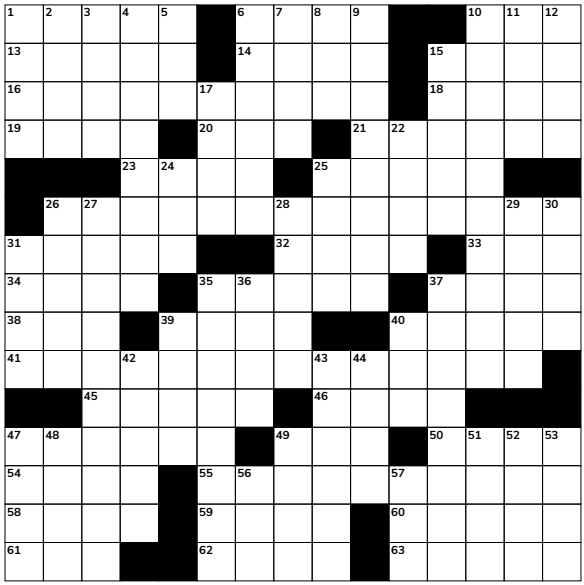
Pizza
píca?
<pete·zah>

Icecream
sulʔ sqʔim
<sult·ska·eem>

music
stx̌aqʷnkʼm
<stah·wa·Kwin·come>

The author, Emma Noyes, is an artist who made a short zine using what she had - notes from learning a Native American language, a computer, paper, and markers.

CROSSWORD by Brian Thomas



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ACROSS

1 They have pHs of 0-7

6 Hollywood actress ___ Hatcher

10 Count Dracula, at times

13 Event with lassos and clowns

14 Sign of things to come

15 Millennium Falcon owner

16 Good place to read "Charlotte's Web"

18 Clear the roads of snow

19 Pile of dirty clothes

20 You might skip them at the start of a YouTube video

21 Comments to the audience, in a play

23 "___ as pie"

25 Leaves out

26 Good place to read "Be a Tree!"

31 ___ and duchesses

32 Promises of repayment: Abbr.

33 Messenger ___ (chromosome component)

34 Rip to pieces

35 Gets extremely angry

37 Human figure

38 Back in the past

39 List of appetizers and desserts at a restaurant

40 Chinese lapdogs, familiarly

41 Good place to read "We Are Water Protectors"

45 Lopsided victories

46 What a detective might solve

47 Questions on "Jeopardy!"

49 Writing implement filled with ink

50 Buddy

54 Absolutely massive

55 Good place to read "The Little Engine That Could"

58 What Ritalin treats: Abbr.

59 On the waves

60 Pioneering video game company

61 Soaking ___

62 Certain backside cut of pork

63 What frogs and dogs do?

DOWN

1 "This is so frustrating!"

2 Apple part with seeds

3 What a lightbulb indicates, above a comic strip character's head

4 Got more expansive, as a hole or problem

5 Nemo, to Marlin

6 "What did I say!"

7 Flightless birds of Australia

8 NFL or NHL official

9 Known for all the wrong reasons

10 What you'd get from a wide tip marker

11 ___ vera (soothing succulent)

12 What Mater from "Cars" does

15 Malice

17 Big party

22 ___ and Madams

24 Summertime cooling units: Abbr.

25 Clarinet cousin

26 En ___ (on fire): Spanish

27 "You're telling me!"

28 Slap together

29 "Over and ___" (series by Kate Messner)

30 Baseball great Willie

31 Boring and not colorful

35 You may need to do this on a family vacation to get around

36 "No ifs, ___, or buts!"

37 Colossal creature

39 Demigod of the wind and sea, in "Moana"

40 You can play games on them: Abbr.

42 Really adored

43 Shrinking polar feature

44 Where pet fish live

47 Unfreeze

48 "That wasn't very nice!"

49 Writing from Amanda Gorman, for example

51 Not so near

52 Semester or quarter, for example

53 Shortest-named Great Lake

56 Baton Rouge sch.

57 Asphalt ingredient

Find the answers on page 17.

BOOK BINGO

Play book bingo by completing the challenges below! Complete a row of boxes (horizontal, vertical, diagonal, or the four corners) by reading.

A BOOK THAT IS A RETELLING	A BOOK WITH A MAP ON THE FRONT COVER	A BOOK FROM YOUR TBR (TO BE READ) SHELF	A BOOK FROM THE HORROR GENRE	A BOOK YOU HEARD ABOUT ONLINE
A BOOK WITH SUPERNATURAL CREATURES OR CHARACTERS	A BOOK WRITTEN BY YOUR FAVORITE AUTHOR	A BOOK WITH LGBTQIA+ CHARACTERS	A BOOK WITH MORE THAN 300 PAGES	A BOOK SET IN WASHINGTON STATE
A BANNED BOOK	A BOOK WITH A MAIN CHARACTER WHO HAS A DISABILITY	FREE SPACE	A BOOK WITHOUT A LOVE TRIANGLE	A BOOK THAT DOES NOT TAKE PLACE IN NORTH AMERICA
A BOOK IN A GENRE YOU HAVE NEVER READ	A BOOK THAT HAS BEEN OR WILL BE ADAPTED FOR TV OR FILM	A BOOK WRITTEN IN POETRY OR VERSE	A BOOK SET IN THE FUTURE	A BOOK WITH A MAIN CHARACTER WHO IS A PERSON OF COLOR
A BOOK THAT TAKES PLACE DURING THE SUMMER	A GRAPHIC NOVEL OR MANGA	A BOOK WRITTEN BY A PERSON OF COLOR	A BOOK BASED ON A TRUE STORY	A BOOK RELEASED IN 2022

Which books did you read for Book Bingo?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

TIP! Check out eBooks at the Library at at spokanelibrary.overdrive.com

YOUR BUS IS HERE

Use your STA Summer Pass to go to all your favorite Spokane destinations this summer. From the mall to the lake, there is a bus to take you there.

1. Catch the light show at the Pavilion
Bus routes 4, 11, 21, 22, 23, 25, 27, & 39

2. Hang out at the lake
Bus route 64 to route 62

3. Visit the North Town Mall
Bus route 25 & 26

4. Walk the Centennial Trail
Bus routes 4, 21, 22, 23, 33, & 39

5. Visit farmer's market
Bus routes 4, 12, 21, 22, 23, 27, 45, & 124

6. Visit the MAC
Get there: Bus routes 60 & 61

7. Visit Spokane Falls downtown
Bus routes 4, 11, 20, 21, 22, & 23

8. Get ice cream at The Scoop
Bus routes 4, 21, 22, & 23

9. Hillyard Skate Park
Bus route 27

10. Central Library (Open July 2022)
All bus routes

11. Shadle Park Library
Bus route 33

12 Hillyard Library
Bus route 27

13. The Hive
Bus route 90

14. Liberty Park Library
Bus route 94

15. 24/7 Library Kiosk @ WCCC
Bus route 21

16. Manito Park
Bus routes 4 & 144

17. Dwight Merkel Sports Complex
Bus route 22

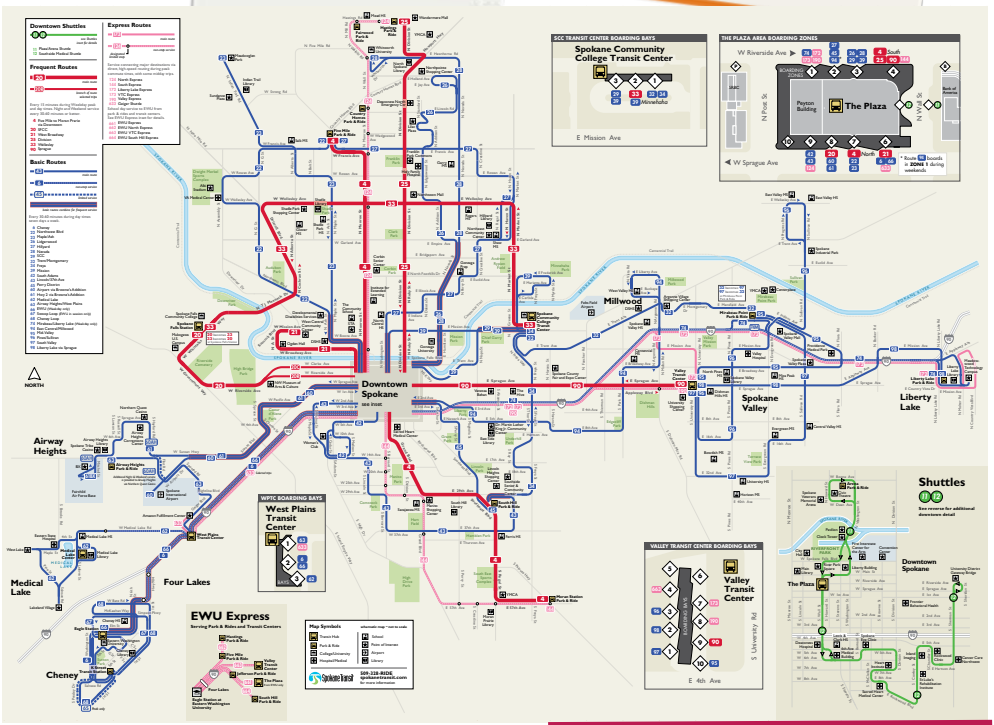
18. Minnehaha Park
Bus route 39

19. AM Cannon Aquatic Center
Bus routes 22 & 23

20. Lincoln Park & Perry District
Bus route 45

DID YOU KNOW? The STA Summer Pass is free for students in Spokane through grade 12 from June 15 - Sept. 30. Get yours at the library!

Travel Notes



Use a pen or marker to mark the places you traveled to by bus!

1 A	2 C	3 I	4 D	5 S	■	6 T	7 E	8 R	9 I	■	■	10 B	11 A	12 T
13 R	O	D	E	O	■	14 O	M	E	N	■	15 S	O	L	O
16 G	R	E	E	N	17 B	L	U	F	F	■	18 P	L	O	W
19 H	E	A	P	■	20 A	D	S	■	21 A	22 S	I	D	E	S
■	■	■	23 E	24 A	S	Y	■	25 O	M	I	T	S	■	■
■	26 F	27 I	N	C	H	A	28 R	B	O	R	E	T	29 U	30 M
31 D	U	K	E	S	■	■	32 I	O	U	S	■	33 R	N	A
34 R	E	N	D	■	35 R	36 A	G	E	S	■	37 B	O	D	Y
38 A	G	O	■	39 M	E	N	U	■	■	40 P	E	K	E	S
41 B	O	W	42 L	A	N	D	P	I	43 T	C	H	E	R	■
■	■	44 R	O	U	T	S	■	45 C	A	S	E	■	■	■
46 T	47 R	I	V	I	A	■	48 P	E	N	■	49 M	A	50 T	E
51 H	U	G	E	■	52 C	L	O	C	K	53 T	O	W	E	R
54 A	D	H	D	■	55 A	S	E	A	■	56 A	T	A	R	I
57 W	E	T	■	■	58 R	U	M	P	■	59 R	H	Y	M	E

Complete the crossword on page 13 and check your answers here!

Hey! Check out these events!

Sign up @ spokanelibrary.org!

Escape Rooms

June 27 @ Hillyard
June 28 @ Shadle Park
June 29 @ Liberty Park

1-4:30pm

Nerf Wars

July 15 @ Hillyard
July 22 @ Liberty Park
July 29 @ Shadle Park

5-6:30pm

Escape Rooms

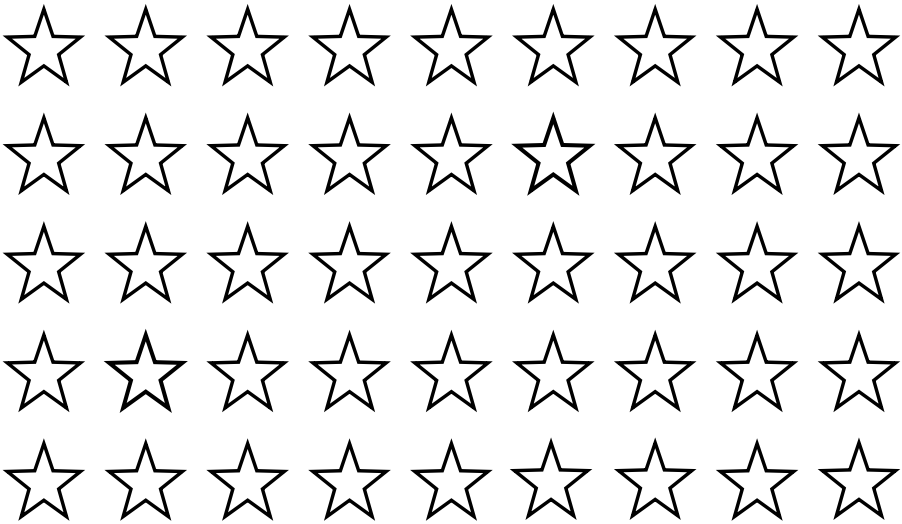
August 8 @ Liberty Park
August 9 @ Hillyard
August 10 @ Shadle Park

1-4:30pm

Scan the QR code to see all our events!

Track your time spent reading between June 1 and August 31 and get a free book! Track your time online at **spl.northwestreads.org**, and earn badges for the activities in this book, and even design your own avatar.

Or color in a star for each 20 minutes you read.



Filled the stars? Bring this to your favorite library to pick out a free book! Free books from

Friends of the SPOKANE PUBLIC LIBRARY

Did you know? Your SPS student ID number doubles as a fine-free library card!

SURVEY

How old are you? _____

What school do you go to? _____

Did you read 15 hours and pick up a prize book from the library?
Yes ☐ No ☐

Did you attend a program at the library this summer? Which ones?
Yes ☐ No ☐ Nerf Wars ☐ Escape Room ☐

What was your favorite part of the magazine?

Any ideas or suggestions for next year?

Name and contact info (optional)_____

Bring this to your local library or give us feedback online at go.spokanelibrary.org/SummerReadingSurvey.
Use the QR code to get there!

Special thanks to

Friends of the SPOKANE PUBLIC LIBRARY

Spokane Public Library FOUNDATION

for their generous support of this zine!